

SPINNING GENEROSITY

A seven-day charity indoor cycling event to raise money and awareness for
7 local charities in 7 days.

Monday, December 14th -Sunday, December 20th



MONDAY: 6:00 PM
DOVER CHILDREN'S HOME



TUESDAY: 7:10 AM
COMMUNITY TOOLBOX



WEDNESDAY: 12 PM
END 68 HOURS OF HUNGER

SAVE THE DATE!

SIGN-UPS BEGIN ON MONDAY NOVEMBER 23RD!



THURSDAY: 6:00 PM
AIR (ARTS IN REACH)



FRIDAY: 9:00 AM
WOMENSAID OF PORTSMOUTH



SATURDAY: 7:45 AM
FAMILIES FIRST



SUNDAY: 9:00 AM
NEW HEIGHTS

Learn more: LizFit.net or LizFit on Facebook!
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